

Community Inclusion Team

(Enablement Pilot)

Background

- July 2012 the Executive approved a 6 month Enablement Pilot to support people with learning and/or physical disabilities attending the Council's day care services to experience greater community based opportunities
- The pilot started in September 2012 with 20 people from the Braunstone, Belgrave and New Parks areas of the City
- The pilot finished in March 2013
- July 2013 Executive minded to approve a roll-out of the Enablement Pilot – renamed Community Inclusion Team

Rationale for Community Inclusion

- Personalisation means more people are choosing alternatives that better suit their needs
- Steadily declining numbers across in house and external day services
- Since 2011 in house = Learning Disability from 292 to 260 and Physical Disability from 85 to 60 people
- Reflects people's changing needs and aspirations to live, work and be a part of their own community
- Information gathered through young peoples Person Centred Transition Reviews and consultation with adults to develop Commissioning Strategies
- Young people want support to have ordinary lives and current adult cohort have not had the opportunity to experience community life
- Direct payments spend for social inclusion increased by 13% (£415,000) and at the same time occupancy of in house day care fell, but the spend remained the same due to running costs

Aims

- Community Inclusion is **not** about replicating day care in the community
- It is enabling people to experience greater choice, opportunity, independence and social inclusion and with the right support to:
 - Learn new skills and live more independently
 - Access mainstream community activities and services
 - Experience a range of community based options
 - Be a part of their local community and participate in volunteering, leisure activities, social groups and work
- It optimises the use of personal budgets by enabling people to access mainstream activities that are often cheaper and more inclusive
- It develops opportunities for new people if needed – future proof
- It supports the local economy as people and their families spend their time and money in the City.

Old versus New

Traditional Day Care

- Provides containment and support for individuals
- Mainly building based
- Does not enable individuals to develop or achieve their full potential in life
- Segregates people by their disability and isolates them

Community Inclusion

- Enables participation in community life
- Community based
- Develops skills and increases confidence
- Promotes social inclusion and understanding of disabilities

Both models

- Enable families and carers to have a break from their caring role
- Support individuals with high support needs to continue to access the right support
- Provide support to people with assessed eligible needs

Outcomes

- People taking part in the pilot have shown they are able to access mainstream activities, be part of the community and have their cultural needs met in a more appropriate way
- After a week a group of Asian women who attended Douglas Bader for many years decided not to return to the centre - they meet at the community rooms in the Wolsey Extra Care facility where they have formed a group and been joined by other people with similar interests
- Increased confidence of customers which has enabled them to showcase community inclusion to the general public at the “Our Leicester Day”
- One gentleman was runner up for a community award for the voluntary work he does with Braunstone Food share

Outcomes

- A diabetic man who didn't really interact with others at the day centre and would hide biscuits to eat later now attends a gym with a group and is healthier and happier
- People working in local community venues have said their experience has been enriched by people with learning and/or physical disabilities accessing their facilities and participating in community life
- 'Day At The Cricket' event at Grace Road attracted over 100 service users, carers and staff and the club are keen to host another event
- The average weekly cost for the 20 people before they participated in the pilot was £3,881 per week, which included the cost of their day care and transport compared to £2,080 per week in the community

Rollout

- Support from a dedicated team, community based, responsive and flexible
- Enable individuals to access the broadest range of activities
- Identify opportunities and facilitate access
- Deliver on-going support for individuals and carers
- Provide a point of contact for individuals needing further support
- Provide a safety net outside of care management which has not happened before

Rollout

- Help to pool budgets where required to buy support for a group of people
- Develop community networks to enhance choices
- Increase the footfall in community and neighbourhood centres
- Build Community Capacity and utilise local facilities
- People needing specialist support will continue to receive this and be funded jointly by health and social care
- Council is investing in fully accessible changing/toilet facilities across the city

Support for Community Inclusion

- Learning Disability Partnership Board
- Douglas Bader Client Committee
- Carers Action Group
- We Think – Learning Disability Self Advocates

“It's not for me, I have a personal assistant, but I think it's a good idea for people who want to be in a group”

“It makes you independent”

“Good for people to get out and meet people, make new friends and learn new skills”

“Gardening is good for the mind”